

# The Good News

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A TRINITY HOSPITAL TWIN CITY BI-ANNUAL COMMUNITY PUBLICATION

We at Trinity Hospital Twin City's Marketing & Community Outreach Department are pleased to bring this community newsletter and report to you as part of our commitment to keep you informed of activities at your local hospital. We hope you will find helpful information in this issue. Please look for another edition in your mailbox this winter. We welcome your comments at [tpoland@trinitytwincity.org](mailto:tpoland@trinitytwincity.org).

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## When THTC Wins, You Win!

Thus far, 2015 has been a year marked with success for Trinity Hospital Twin City. When our hospital is honored for the care we provide, everyone in the community we serve benefits. As you will read in the "Letter From the President" on page two of this issue, THTC has earned three honors: Healthcare Organization of the Month for January 2015 from the Studer Group, Joint Commission Accreditation, and a place among the top 20 (out of 1,300 nationwide) critical access hospitals in the U.S. for quality of care.

We dedicate this issue to our providers, staff, and volunteers who make our success possible. And to you, our patients and supporters, please know we will continue to work to ensure only the best in healthcare is available for you and all of our patients at Trinity Hospital Twin City, and at our Trinity Medical Group locations. Thank you for entrusting us with your care.

### What does Joint Commission Accreditation mean?

Joint Commission Accreditation is recognized nationally as the Gold Standard Seal of Approval™ in healthcare. To earn accreditation, our hospital underwent an unannounced, thorough on-site review of the quality and safety of care being provided. The successful conclusion of the on-site survey is a validation of our hospital's work to continuously comply with The Joint Commission's nationally developed standards, including compliance with National Patient Safety Goals.

Our ongoing compliance with the Joint Commission's rigorous standards results in sound management practices in the day-to-day delivery of safe, high quality care at our hospital. In summary, by choosing Trinity Hospital Twin City, you can be sure you are receiving quality care from our quality team of friendly and experienced professionals.



Accredited by  
The Joint Commission





Trinity Hospital Twin City is a not-for-profit 501(c)3, Catholic, hospital that offers you a trusted resource for healthcare.

## MEDICAL CAMPUS SERVICES:

### Cardiology & Cardiopulmonary

- Heart & lung imaging & testing
- Cardiac & pulmonary rehab
- Heart disease prevention & management
- Stress tests

### Emergency Care 24/7

### Diabetes Wellness

### Health Education & Outreach

### Imaging & X-Ray

- Bone density
- CT scan
- Digital mammography
- MRI
- Nuclear medicine
- Ultrasound

### Infusion Clinic

- Coumadin clinic & IV therapy

### Lab & Blood Draw

### Physician Specialties

- Cardiology (Heart)
- Ear, nose & throat
- Family & internal medicine
- General surgery
- Gynecology (Women's health)
- Pediatrics
- Podiatry
- Pulmonology (Lung)
- Urology

### Sleep Medicine

- Diagnosis & treatment
- Sleep lab

### Surgical Services

- General surgery
- Colonoscopy screening
- ENT surgery
- Foot & ankle surgery

### Therapy/Rehabilitation

- Physical Therapy
- Swing Bed Program
- Transition Program

### WorkCare

- Occupational Health

### Wound Management

*And More!*

## LETTER FROM THE PRESIDENT

# Thanks for Making Our Success Possible!

Dear Friend,

I hope this letter finds you enjoying your summer. Trinity Hospital Twin City experienced a great start during the first six months of this year. In January, we celebrated being named the Studer Group's Healthcare Organization of the Month for creating and sustaining outstanding results in clinical, service and operational excellence. In February, our hospital earned The Joint Commission's Gold Seal of Approval for Hospital Accreditation by demonstrating continuous compliance with its performance standards, reflecting



our commitment to providing safe and effective patient care for our community. Additionally, we were recently notified that Trinity Hospital Twin City has been named a Top 20 Best Practice Critical Access Hospital in Quality by the National Rural Health Association after our hospital's quality of care was compared with the 1,299 other critical access hospitals in the nation.

I want to be incredibly clear – the thanks for the awards and recognition mentioned above belongs to YOU, our valued patients, for entrusting us with your care and letting us be your partner in health. Our thanks is also shared with our employees, physicians and volunteers for being dedicated to delivering safe, high-quality patient experiences every single day. We are honored to be serving and working with such a wonderful community of people.

*We are honored to be serving  
and working with such a  
wonderful community of people.*

In the area of hospital construction and renovation, I am excited to announce that our projects are nearing completion. We are in the process of putting the final touches in the Specialty Clinic, Stillwater Creek Café (newly named hospital cafeteria), and Trinity

Medical Group offices located on the second floor of the hospital. Our final project to upgrade and enhance two elevators will begin later this summer. We thank you for your patience with us during these projects.

We would like to congratulate our sister hospital, Trinity Health System of Steubenville, for their 4 star Medicare rating for patient satisfaction and for their recent grant award that will help increase access to physicians in our region through telemedicine services. We are diligently looking for ways to partner with Trinity Health System to provide you with increased access to specialists and expand services, here at your local hospital. One great example of shared resources has been our affiliation with Dr. Ramana Murty, Board Certified Interventional Cardiologist, and C. Ranay Smith, FNP-BC. They are providing excellent cardiology care right here in our hospital, with more advanced services offered less than 45 minutes away.

If you have a suggestion for a healthcare service you would like us to consider, please feel free to send us a message through the "Contact Us" portion of our website. We are happy to hear how we can better serve you.

I hope you will continue to ask your physicians to have your testing, rehab, lab work, etc. done here at Trinity Hospital Twin City. I know that might not be an easy task depending on the location of your physician, but you do have a right to choose where you receive healthcare. If you have any questions about how to use our hospital, or if your insurance covers services here, we want to know – please give us a call.

May you and your family enjoy a healthy, happy and safe summer season!

Kind Regards,

Joseph J. Mitchell, RN, FACHE  
President



# Summer Health Tips

by Debra Wilden, RN, CCRN, BSN,  
WorkCare & Employee Health Coordinator

- Plan for safety when you travel.
- Plan your itinerary well.
- Remember to always keep water, snacks, flashlight, and a charged cell phone in your vehicle.
- Don't post on social media that you are going to be away from home. This can be seen as an invitation for criminals to raid your home while you are gone.
- Leave emergency contact information with someone at or near home.
- Remember to use sunscreen and re-apply every two hours.
- Have a safe and wonderful summer!



*Our WorkCare program provides a variety of health and safety services to meet the needs of area employers. Call (740) 922-2800, ext. 2127 for more information.*

## Upcoming Events

### Now-August 25th

Reserve your space for our next Fit for Life health and wellness class session. Call (740) 922-7450, ext. 2124 for more information or to reserve your spot today. Classes start on Tuesday, September 1st.

### Second Friday of Every Month

7:30 to 11:30 AM

Free blood pressure screening at Mako's Market & Pharmacy at Uhrichsville. Total cholesterol, lipid panel and glucose screenings available for \$10. Hemoglobin A1C tests available for \$5. 10 to 12 hours of fasting recommended.

### Third Monday of Every Month

6:30 PM

Free Diabetes Support Group meeting at the hospital's second floor St. Raphael Room.

### October 2015

Date to be announced soon for our annual "In the Pink" breast cancer education, awareness, and survivor recognition event and walk by candlelight.

### Saturdays,

October 10<sup>th</sup> and 24<sup>th</sup>  
Dennison Rotary Club Fall Blood Profile:

Visit our website in early September for more details.

Visit us at

[www.trinitytwincity.org](http://www.trinitytwincity.org)  
for a complete list of events.

## Trinity Medical Group News



Kaitlyn Stiles, PA-C

Our group medical practice, Trinity Medical Group, recently welcomed one new physician assistant while another physician assistant began working in another area of practice.

Kaitlyn Stiles, PA-C, is a physician assistant who specializes in family medicine. She welcomes new patients to the Dover Trinity Medical Group (TMG) Office at the Oxford Medical Building (behind CVS Pharmacy), Suite 220. She is working in collaboration with Dr. Maurice Stutzman, Board Certified Family Practitioner. Call (330) 343-1144 to make an appointment.

Molly Pfeiffer, PA-C, is a physician assistant specializing in adult medicine who has transitioned from providing primary adult care to working with Dr. Matthew Phillips, Board Certified General Surgeon. For surgical services from the team of Dr. Phillips and Molly Pfeiffer, call (330) 364-8011 for the Dover Trinity Medical Group office (located at Suite 310 in the Oxford Medical Building) or call (740) 922-7480 for the Trinity Hospital Twin City Specialty Clinic (located on the first floor of the hospital).

Trinity Medical Group offers convenient locations in Coshocton, Dennison, Dover, Gnadenuhnten, Newcomerstown, and Uhrichsville to better serve you. New patients are welcome, and most insurances, including AultCare, are accepted. To schedule an appointment with a TMG provider, please call (740) 922-0000. For more information, visit [www.trinitytwincity.org/doctors](http://www.trinitytwincity.org/doctors) and click on the name of a provider.



Molly Pfeiffer, PA-C



**TRINITY  
MEDICAL GROUP**

*Owned and Operated by  
Trinity Hospital Twin City*



## Outpatient Services

You can use Trinity Hospital Twin City outpatient services even if your doctor is from out of town. We have over 400 physicians listed in our database, and we can easily send your lab, imaging, stress test, lung function, and other test results quickly to your physician, no matter where his/her office is located. Choose Trinity Hospital Twin City for all your healthcare needs.

## Pre-Registration Available!

We have a patient appointment phone line set up for your convenience. To schedule all outpatient services for lab tests, cardiopulmonary and imaging, just call 740-922-7405 between the hours of 8 am and 4:30 pm,

Monday-Friday.

Thank you for choosing Trinity Hospital Twin City.

# Congratulations to Our and Thank You to Our for making Our S



*Quality Care from  
our Quality Team*

We ranked in the top  
critical access hos

# Our Award-Winning Team Patients and Supporters Success Possible!



## Join Us Online

Have you “liked” us on Facebook yet? Our friends can view regular postings of health tips, upcoming hospital events, hospital news and more. Visit our hospital website at [www.trinitytwincity.org](http://www.trinitytwincity.org) and click on the Facebook icon on the lower left corner to find our page.

## Your Comments Are Important to Us

If you had an excellent experience or you have a concern about the care you received at Trinity Hospital Twin City, we want to know. It is important to us to recognize our employees who are doing a good job. It is equally important that we have the chance to address your concerns. To share information about your visit, please call us at (740) 922-2800 or visit our hospital website at [www.trinitytwincity.org](http://www.trinitytwincity.org) and choose “Contact Us” on the home page. All comments are reviewed and addressed in a timely manner. We appreciate the opportunity to take care of you, our valued patients and supporters.



Top 20 among all 1,300 hospitals in the U.S.



## Our Mission Statement

*Guided by our passion for caring, we continually strive to improve the health and wellness of the community we serve.*

# The Uplifting POWER of Words

*By Sister Dorothy Jayne Krupp, OSF,  
Director of Mission Integration & Spiritual Care*



*“Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my rock and my Redeemer.”*

*- Psalm 19:14*

The words we speak have an incredible power and can make a lasting impression. Our words can do one of two things: our words can either boost a person’s self-confidence, or our words can be hurtful. Why not make an effort to ensure the words we speak are words that really boost others’ spirits? We can aim to use our words to be affirming, comforting, healing, supporting, encouraging, rewarding, and uplifting. Choosing to communicate in a positive manner can make a big impact on individuals and on society as a whole. The words we speak have a profound effect on the people they reach.

As we look to the example of Jesus, the Master Teacher, His words, for the most part, were comforting, healing, and encouraging. The one incidence where Jesus expressed his anger, and rightly so, was the story of the money-changers in the temple as recorded in St. John’s Gospel [2: 13-16]. Jesus got angry because people were using the temple for the wrong reason. The temple represented His Father’s house, and Jesus wanted the people to show reverence and respect for that sacred space.

*We can aim to use our words to be affirming, comforting, healing, supporting, encouraging, rewarding, and uplifting.*

Throughout his life and ministry, Jesus placed a high value on Reverence for the human person. Why? Because each person is made in the image and likeness of God. If we truly believe that each person is a unique reflection of God and a temple of the Holy Spirit, then we will be motivated to treat each person with reverence and respect, regardless of age, race, religion, ethnicity, or sexual orientation.

We need to speak kind words to each person. We need to speak kindly and charitably about each person. When there is a need to offer advice or constructive criticism, we must make every effort to do so with respect and in a manner of compassionate caring.

As we interact with each other, may we be mindful of the uplifting power of our words, and may we choose to share kind words with others. Positive words can make a lasting impression! May the words we speak change our world for the better.

## RENOVATIONS NEARLY COMPLETE



*Thank you*

to Sylvania Franciscan  
Health & the  
Ohio Mid-Eastern  
Government Association  
for Making our  
Renovations Possible!

We are happy to announce the completion of the renovations to the original hospital building. Our renovation team thoughtfully planned the décor and furnishings to make your experience at our hospital as comfortable and uplifting as possible. We chose wall art with soothing images that reflect our hospital's values and St. Francis' love of animals and nature. Many patients are already enjoying the benefits of having brighter hallways, more private and comfortable waiting areas, improved signage, and a renovated cafeteria (now known as the Stillwater Creek Café). On your next visit, be sure to view the changes to our hospital's Trinity Medical Group offices, Specialty Clinic, and hallways. Thank you for your patience during the renovation process!





# LET'S WORK TOGETHER!

## WorkCare

Occupational Health Services

Trinity Hospital Twin City offers a full range of services that can be customized to meet your business needs.

### WorkScreenings

Physicals & Testing

### WorkHealth

Workforce & Workplace Wellness

### WorkSurveillance

Monitoring & Compliance

### WorkTreatment

Assessment & Management



TRINITY  
HOSPITAL  
TWIN CITY

For more information, Call (740) 922-2800 Ext. 2127



Check out our website at  
[www.trinitytwincity.org](http://www.trinitytwincity.org)



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Non-Profit Org  
US POSTAGE  
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Mailer's Choice